

# Monocacy Village Park 5K Route Instructions

Updated April 25, 2018

## Requirements:

- (5) Traffic Control Officers (TCO), either DOT-approved traffic flaggers or off-duty FPD officers hired by race
- (12) volunteer course marshals provided by race
- (# tbd) traffic cones; place cones approximately 35-50 feet apart, or as appropriate
- (9) straight-ahead/thru arrow signs
- (4) right-turn arrow signs
- (2) left-turn arrow signs
- (3) mile-marker signs

## Course Certification: MD15011NP

(See course certification on USATF.org for precise marking of Start/Finish and Mile Markers:  
<http://www.usatf.org/events/courses/maps/showMap.asp?courseID=MD15011NP>)

## Course Start/Finish:

Across field, directly out from the east edge of the ramp to playground.

## Course:

1. Runners start from **Start/Finish** east toward gap in trees, leading to paved path at the edge of the Park.  
Signage: Straight-ahead/thru arrow sign pointing at the gap in trees.  
Staffing: None.
2. Runners follow path to the right-turn that leads to the cul-de-sac at the end of Mohican Dr.  
Signage: Right-turn arrow sign.  
Staffing: **CM1** directing runners to turn right.
3. Runners proceed east straight across the cul-de-sac on Mohican Dr.  
Signage: Straight-ahead/thru arrow sign pointing straight across the cul-de-sac. Cones placed every 35-50 feet or as appropriate along the right side of Mohican Dr to keep runners to the right side while allowing two-way traffic to the left.  
Staffing: **CM2** directing runners to stay right of cones. (After the last runner passes, **CM2** moves to Dogwood Dr to direct runners back to the park path on their return.)

4. Runners follow line of sight cones to the end of Mohican Dr at Schifferstadt Blvd.  
 Signage: Cones placed every 35-50 feet or as appropriate along the right side of Mohican Dr to keep runners to the right side while allowing two-way traffic to the left.  
 Staffing: **CM3** stationed at the intersection of Mohican Dr and Dogwood Dr, ensuring that runners stay to the right of cones. (After the last runner passes, **CM3** moves to the Dogwood Dr/Wembly Dr/Stratford Way intersection as shown on the map.) **TCO1** stationed at the intersection of Mohican Dr and Dogwood Dr ensuring that vehicles can enter/exit Mohican Dr safely at Dogwood Dr and stay on the north side of cones, away from the runners.
  
5. Runners turn right to Schifferstadt Blvd.  
 Signage: Right-turn arrow sign at the end of Mohican Dr.  
 Staffing: **TCO2** at the Schifferstadt Blvd/Mohican Dr intersection stopping southbound traffic on Schifferstadt Blvd as needed to allow runners cross the roadway at Mohican Dr and move to the left (median) lane; **CM4** directing runners to move left after turn.
  
6. Runners continue south on Schifferstadt Blvd staying in the left (median) lane.  
 Signage: Cones placed in the middle of southbound Schifferstadt Blvd every 35-50 feet or as appropriate creating a lane for runners next to the median.  
 Staffing: None.
  
7. Runners make U-turn at the end of Schifferstadt Blvd median staying left next to median.  
 Signage: Cones placed at the end of Schifferstadt Blvd median to channel runners around the median; cones placed in the middle of northbound Schifferstadt Blvd every 35-50 feet or as appropriate creating a lane for runners next to the median.  
 Staffing: **TCO3** blocking left (median) lane on northbound Schifferstadt Blvd and directing northbound vehicular traffic to the right (curb) lane; **CM5** directing runners turn northbound around cones.
  
8. Runners continue north on Schifferstadt Blvd staying in the left (median) lane.  
 Signage: Cones placed every 35-50 feet or as appropriate in the middle of northbound Schifferstadt Blvd creating a lane for runners next to the median  
 Staffing: **CM4** directing runners to stay within the designated lane.

9. Runners pass Stratford Way intersection.  
 Signage: Cones placed every 35-50 feet or as appropriate in the middle of northbound Schifferstadt Blvd creating a lane for runners next to the median; **Mile 1** marker placed in median at second light post across from softball field.  
 Staffing: **CM6** watching for traffic entering/exiting Stratford Way and directing runners to stay within the designated lane.
  
10. Runners pass Camellia Ct/Eden Dr intersection.  
 Signage: Cones placed every 35-50 feet or as appropriate in the middle of northbound Schifferstadt Blvd creating a lane for runners next to the median.  
 Staffing: **CM7** directing runners to continue north on Schifferstadt Blvd and stay within the designated lane.
  
11. Runners pass River Rock Ct/E 16<sup>th</sup> St intersection.  
 Signage: Cones placed every 35-50 feet or as appropriate in the middle of northbound Schifferstadt Blvd creating a lane for runners next to the median.  
 Staffing: **CM8** directing runners to continue north on Schifferstadt Blvd and stay within the designated lane; **TCO4** controls traffic entering/exiting E 16<sup>th</sup> St and River Rock Ct.
  
12. Runners pass Turning Point Ct/Insley Cir intersection.  
 Signage: Cones placed every 35-50 feet or as appropriate in the middle of northbound Schifferstadt Blvd creating a lane for runners next to the median.  
 Staffing: **CM9** directing runners to continue north on Schifferstadt Blvd and stay within the designated lane.
  
13. Runners make left turn at the end of the median on northbound Schifferstadt Blvd in front of TJ Middle School, to cross the southbound Schifferstadt Blvd lanes to the sidewalk.  
 Signage: Left-turn arrow sign at end of median. Cones placed on northbound Schifferstadt Blvd to channel runners around the median to the sidewalk.  
 Staffing: **TCO5** stopping southbound traffic on Schifferstadt Blvd as needed to allow runners cross the roadway at TJ Middle School driveway. **CM10** directing runners to the southbound sidewalk.
  
14. Runners continue south on Schifferstadt Blvd on the sidewalk.  
 Signage: Straight-ahead/thru arrow sign next to sidewalk.  
 Staffing: None.

15. Runners pass Turning Point Ct/Insley Cir intersection.  
 Signage: **Mile 2** marker even with storm grate after Insley Cir. Thru arrow sign next to sidewalk.  
 Staffing: **CM9** directing runners to continue south on Schifferstadt Blvd sidewalk.
  
16. Runners pass River Rock Ct/E 16<sup>th</sup> St intersection.  
 Signage: Straight-ahead/thru arrow sign next to sidewalk.  
 Staffing: **TCO4** controlling traffic entering/exiting E 16<sup>th</sup> St and River Rock Ct; **CM8** directing runners to continue south on Schifferstadt Blvd sidewalk.
  
17. Runners pass Eden Dr/Camellia Ct intersection.  
 Signage: Straight-ahead/thru arrow sign next to sidewalk.  
 Staffing: **CM7** directing runners to continue south on Schifferstadt Blvd sidewalk.
  
18. Runners make right to Fredericktown Village Park path.  
 Signage: Right-turn arrow sign, followed by cones leading down the path.  
 Staffing: **CM11** directing runners to turn right.
  
19. Runners follow path through Fredericktown Village Park to Dogwood Dr.  
 Signage: Straight-ahead/thru arrow sign pointing across Dogwood Dr.  
 Staffing: **TCO2** stopping traffic on Dogwood Dr as needed to allow runners to cross the roadway to the sidewalk on the west side of Dogwood Dr (**TCO2** moves to this location after the last runner passes Schifferstadt Blvd/Mohican Dr intersection at the start of the race).
  
20. Runners cross Dogwood Dr and turn left to sidewalk on opposite side.  
 Signage: Left-turn arrow sign, followed by a few cones leading runners down the sidewalk.  
 Staffing: **CM12** directs runners to sidewalk.
  
21. Runners pass Stratford Way/Wembly Dr intersection.  
 Signage: Straight-ahead/thru arrow sign next to sidewalk  
 Staffing: **CM3** directing runners to continue south on Dogwood Dr (**CM3** moves into position after the last runner makes right turn to Schifferstadt Blvd at the start of the race).
  
22. Runners turn right to Monocacy Village Park path  
 Signage: Right-turn arrow sign  
 Staffing: **CM2** directs runners to Monocacy Village Park path (**CM2** moves into position after last runner passes the cul-de-sac at the end of Mohican Dr at the start of the race).

23. Runners continue on the Monocacy Village Park path back to the Park.  
 Signage: Straight-ahead/thru arrow sign.  
 Staffing: CM1 directs runners straight back to the Park.
  
24. Runners re-enter Monocacy Village Park and go straight to the **Start/Finish** area.  
 Signage: Mile 3 marker at entrance to the Park with straight-ahead arrow sign pointing across field to the finish line

