



NEWS RELEASE

Bike to Work Day Offers Everyone Opportunity

FREDERICK, MD – May 13, 2019: May 17, the City joins the Metropolitan Washington region to celebrate Bike to Work Day to raise awareness about and build support for carless commuting.

Citywide Support for Commuter Alternatives

At 3 p.m. on May 15, Mayor Michael O'Connor will proclaim May 17 Bike to Work Day, May as Bike and Walk to School Month, and will have a special announcement about the City's bicycle programs.

"Participation in this annual event demonstrates an appetite for alternatives to automobile commuting, whether it's taking a bike on the commuter rail line or riding to a job locally," O'Connor said. "Bike to Work Day is an opportunity to reconsider our commuting habits, for the benefit of the environment, potential financial savings and our overall health."

Two route/ride options May 17

- Depart 6:45 a.m. from Hood College Alumnae Hall 511 Brodbeck Drive, Frederick
Ceremonial ride with Mayor Michael O'Connor through downtown concludes with festivities at 7:30 a.m. at the MARC Station on East Street. For this ride, meet at Hood College Alumnae Hall at 6:30 a.m., depart at 6:45 a.m.

Or

- Depart 6:30 a.m. from City Hall, 101 N. Court St., Frederick
To take the 7:10 a.m. MARC train that has a bike car for commuters who want to take their bikes with them: This ride leaves City Hall to arrive at the MARC station in time to load bikes on train.

Commuter Connections and the Washington Area Bicycle Association coordinate the annual Bike to Work event to provide awareness about bicycle commuting and increase participation as a means of transportation. TRANSIT Services of Frederick County and the City of Frederick will host one of the region's 100 pit stops, at the Frederick Transit Center, on East Street, from 6:30 a.m. until 8:30 a.m. It will feature free refreshments and festivities.

Free registration is open for Bike to Work, whether you intend to make a ceremonial ride in support or go all the way to a job: Visit www.biketoworkmetrodc.org and select Frederick as the pit stop

location. For more information about TransIT Services of Frederick County, visit www.FrederickCountyMD.gov/TransIT

Commuters who are interested in participating in Bike to Work Day, but are commuting out of county, will be able to take their bikes on the 894 MARC Train out of Frederick in the morning and the 893 MARC Train back into Frederick in the evening. Details about the bike car are on the Maryland Department of Transportation website: <https://www.mta.maryland.gov/articles/239>.

TransIT Services offers commuter resources for those interested in using alternative transportation, including public transit, paratransit and commuter assistance services to Frederick County residents and area commuters. TransIT offers bicycle racks on many connector buses to make biking to work easy and inexpensive.

Commuter Connections and the Washington Area Bicyclist Association encourage everyone to participate May 17, prepare for the event and learn more about commuting options at: <https://www.commuterconnections.org/>.

Frederick's pit stop will feature snacks from sponsors Krispy Kreme, The Common Market, and coffee from Dublin Roasters; music from KEY103; remarks from local dignitaries; and a chance to win great prizes from The Bicycle Escape and Anytime Fitness,.

For questions about Frederick's Bike to Work Day, contact Tim Davis, at 301-600-1884, or email tdavis@cityoffrederick.com.

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